

The Professional Guardian

A publication by the Guardian Association of Pinellas County for the purpose of promoting advocacy & education.

Calendar & Coming Events

NOVEMBER 15, 7:00 P.M.

MONTHLY MEETING

"Suicide Prevention Tactics"

AMBER HAGELSTEIN, MSP
Lifeline Navigator

Hors d'oeuvres at 6:30 p.m., CypressPalms

NOVEMBER 15, 5:00 P.M.

BOARD MEETING

NOVEMBER 18, 9:00 A.M.

MONTHLY BREAKFAST

GRAND VILLA
750 Starkey Road, Largo

THERE WILL BE NO REGULAR GUARDIAN MEETING OR BREAKFAST IN DECEMBER

Regular Monthly Meeting
the third Tuesday of each month
at 7:00 p.m. at **Cypress Palms**
400 Lake Avenue NE, Largo

ASSOCIATION COMMUNICATIONS
P.O. Box 1826
Pinellas Park, FL 33780
Phone (727) 323-9380
Info@guardianassociation.org
www.guardianassociation.org

HIGHLIGHT ON SPEAKER

AMBER HAGELSTEIN, MSP ON SUICIDE PREVENTION TACTICS



Amber Hagelstein, MsP

Amber recently filled the position of Lifeline Navigator at Pinellas Emergency Mental Health Services (PEMHS). She holds a Master's of Science in Psychology and has recently become a doctoral candidate for the degree of Doctor of Healthcare Administration.

As the Lifeline Navigator, Amber oversees the Lifeline Program, which recruits participants via the National Suicide Prevention Lifeline (NSPL) crisis line and PEMHS crisis line into the program after their crisis has been de-escalated. It is the intent of the Lifeline Program to better understand suicide, link persons in the community with pertinent referrals, assist in learning coping skills, and further prevent completed suicides or injuries due to self-harm -- both through the recruitment of study participants as well as community outreach. Amber will discuss the above, including vital information and statistics, during her time at the Guardian Association's November meeting.

There will be no CEU credit this month - not enough time to allow requirements of SPGO with the business of nominating new board members taking up the majority of the time. Our meeting has moved to Cypress Palms at 400 Lake Avenue N.E. in Largo. Hors d'oeuvres at 6:30 with the meeting to begin at 7:00 p.m.

BOARD OF DIRECTORS ELECTIONS WILL BE HELD DURING OUR NOVEMBER MEETING.

See pages 6 & 7 for
the slate of nominees.

DUES, DUES, DUES...

It's that time of year again!
Many Association member-
ships expire December 31st.
Please see membership form
on back page. Questions?
Contact Jeannette Anderson
at (727) 572-5808.

2011 Board of Directors

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FROM THE DESK OF THE PRESIDENT

Correy Pastore

HI EVERYBODY,

How did the Holiday Season get here so fast? One consolation is that everything always turns out great, and slowly the glory of the Holidays will bless us and make the coming season the very best.

This year has been great for the Association in so many ways, Our monthly meetings were well attended, the new location of our Expo at The Hilton St. Petersburg Bayfront was a success and and comments according to Program Evaluation Sheets were extremely positive.

I believe that our level of care and compassion for clients has been superb among our peers, the court system the VA and the caregiving world. The Pinellas County Guardian Association is proud to have you as members and I am equally proud that I am your president and will continue to educate, inform and guide you to higher and better places in the future.

Happy Thanksgiving, Merry Christmas, Happy Hannukah to all of you! Let's share our love with our families and our clients.

I cannot attend the November meeting so I am asking you to please vote for me as I am up for re-election to the Board. I thank you and appreciate every one of you so very much.

MAY GOD BLESS!

CORREY

.....
The Guardian Association of Pinellas County, Inc. is a non profit corporation, formed in 1977 as a voluntary group. It is a professional association which allows the receiving of tax deductible contribution of goods and services. The association is governed by an elected Board of Directors and meetings are open to all members. The purpose of the association is primarily that of education, thus promoting a better quality of service for elders by developing and improving the capabilities of guardians and their relationship with other entities within the community.

OCTOBER SPEAKER HIGHLIGHTS



NOVEL APPROACHES FOR TREATMENT RESISTANT DEPRESSION

Humankind has been grappling with depression for centuries and it touches many of our likes. Our October guest speaker Richard Cottrell, DO, Psychiatry defined the symptoms and global burden of major Depressive Disorder. He discussed the standard treatments of medication and therapy that help so many people. For those with depression resistant to standard treatments, Dr. Cottrell introduced Transcranial Magnetic Stimulation and Bright Light Therapy, which were very illuminating!

As the son of Richard Cottrell, co-founder of the Guardian Association, Dr. Cottrell felt comfortable to be among many friends of the Association.

Please join us for the monthly Guardian Breakfast! Fri., November 18th, 9:00 a.m.

Grand Villa

750 Starkey Road, Largo (see Guardian website for map)

RSVP to (727) 586-0108

November is NATIONAL FAMILY CAREGIVER MONTH

A 10+ RATING FOR OUR EXPO SPEAKERS

Accolades to our 2011 Expo speakers who provided insight into so many subjects that enhance and advance our professional knowledge. A high rating also for our new Expo venue, The Hilton St. Petersburg Bayfront. Guardian President Correy Pastore welcomed the crowd in the Bayfront ballroom and introduced James R. Kennedy, St. Petersburg City Council Chairman. Kennedy extended good wishes and encouraged all to tour the City following the seminar.

The Honorable Bernie McCabe, our opening speaker, set the pace for the day, and on Tract 1, Jay Morgan, Manager for the Office on Aging for the City of St. Petersburg gave an "Overview of the Current Aging Population."

"What's that Behavior? was the question posed by Dr. Karl Jones, M.D. and Joanne Jones, RN. to help us detect problems related to the actions of the patient. At 2 p.m. Lt. J. Thomas Acker, Ph.D. and Detective Brettina Adams from the Pinellas County Sheriff's Office generated many questions on "Grief, Loss and Stress Issues."

Our keynote speaker, The Honorable Jack St. Arnold, Judge, Sixth Judicial Circuit, provoked much thought on the ethical dilemma reflected his topic, "What Will I Do When the Guardian Goes Away?"

Nationally recognized Master Guardian Irene Rausch made her morning presentation on "The Challenges of Successor Guardianship." Forty six Guardians and 8 from multiple cate-

gories were in attendance, along with a couple from Leon County who were delighted to receive 8 CEUs for their day at the Expo.

Captain Robert Alfonso, Pinellas County Sheriff's Office, gave a power point presentation zeroing in on the State's drug trends, law enforcement and governmental responses, along with a discussion of the 2011 prescription drug abuse epidemic.

John Young, M.D., Marci Sadorf and Barbara Mahlmeister comprised a panel on "A Guideline for Ensuring Nutritional Needs," reviewing our current disease epidemic with guidelines to prevention and healing through proper nutrition.

Professor Rebecca C. Morgan, Stetson University College of Law, discussed "What We Need to Know on Elder Abuse," defining the profile of victim and perpetrator, recognizing warning signals that constitute financial exploitation and examining provisions of the Florida Adult Protective Services statute.

Dr. Shalin Shah, M.D., informed us about heart rhythm disorders, recognizing symptoms, and treatment options and people understand pacemakers, defibrillators and ablation.

It was a wonderful day of networking, making new friends, reuniting with Guardians throughout the State and receiving Continuing Education Credits, CLERs and contact hours. Again, thanks to our dedicated speakers for their continued support of the Association as members celebrate 34 years promoting advocacy and education.

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RULES FOR THE GENERAL ELECTION



Each subscribing member of the general membership has the right to vote at every general election.

Any member desiring to vote must be a member in good standing on or before July 1, 2011.

Any member desiring to vote must be present at the time of the election, which will be held **Tuesday, November 15, 2011 at the Regular Meeting.**

Any individual nominating a member of the general membership at either the October 2011 or November 2011 regular meeting must discuss the potential candidacy with the individual prior to nomination to ensure compliance with the requirements - Curriculum Vitae, letter of interest.

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NOMINEES FOR BOARD OF DIRECTORS

The Nominating Committee presents the following candidates for presentation to the general meeting for election of the Board of Directors.



JEANNETTE MARIE ANDERSON has served as Treasurer of the Pinellas County Guardian Association since 1996. Previously, she received an Associate of Arts degree from SPC and worked as corporate secretary and bookkeeper for her husband's business until his passing. She has handled estate, real estate and financial management transactions and chaired numerous committees at the state and local levels for the Opti-Mrs. of the Florida District. Jeannette also served as Board secretary of St. Petersburg Preservation Society, Inc. before beginning her career as a Professional Guardian in 1994, accruing 100 guardianships and serving as Power of Attorney in several cases as well as representative payee for several indigents.



SHERRY DUNN has been a Professional Guardian since 1989 providing Plenary and Limited Guardianship services for the elderly and developmentally disabled. Her company, Life Care Management, provides full case management services for families out of state who relatives live locally. She holds a Bachelor's Degree with a double major in Psychology and Business Management. Ms. Dunn has also served as an Adjunct Professor teaching both the Forty Hour Court Required Guardianship Course as well as other guardianship courses for college credit. She has been a continuous member of the Guardian Association since 1989.



FERNANDO GUTIERREZ is a Nationally Certified Professional Guardian serving wards in both Pinellas and Hillsborough Counties, with extensive experience providing pro bono services as a Court Appointed Guardian at Baker Act Hearings in Pinellas County. After completing formal training in planned giving at California State University in 2001, he was awarded the Certified Specialist in Planned Giving credentials and has published several articles pertaining to the subject that have appeared in noted publications.. He graduated the University of Southern California with a Bachelor of Arts degree in Communications and Public Administration.



MARK GRANDE is the owner of Eternal Cremation Services, LLC, providing direct cremation personal services at an affordable price. He formerly was a Regional Management Training Consultant for AIG American Life & Accident Insurance Company. Mr. Grande has been a spokesman for United Parcel Service, for United Way events and other charities, as well as being a motivational speaker. He holds a Bachelor's Degree in Business Administration and is recognized by Who's Who in Executives and Professionals. He is a member of the Association as well as a member of Better Living for Seniors.



CORREY PASTORE has been President of the Association for 12 years, having served more than 200 clients in his capacity as Professional Guardian. A graduate of Leonardo Da Vinci University in Trieste, Italy where he was born, he arrived in the United States in 1957 and became an American Citizen five years later. Living in Chicago, he receiving a Combustion Engineering degree and entrepreneured several companies. In 1977 he moved to St. Petersburg where he was active in real estate before becoming a Professional Guardian in 1990 and served on several boards in the area.



IRENE RAUSCH is a Nationally recognized Master Guardian who has served as President for the Guardian Association, as well as the Florida State Guardian Association. She has also served as Vice president of the National Guardian Association. She has taught the Forty Hour Required Guardianship Course since 1989 and has presented many seminars on guardianship. She has also served as the Executive Director of the Palm Harbor Senior Activity Center for many years. She has been a Professional Guardian since 1982. She holds a Master's Degree in Applied Anthropology.



DALE SMREKAR is a Certified Personal Property Appraiser and a professional estate liquidator. He evaluates household and estate items and provides clients with advice on current market value of belongings and options for liquidation. He has published over fifty articles on antiques. He also has over eleven years of experience as a social worker/supervisor with the State of Florida Medicaid assistance program. He provides lectures on many topics for guardians and others. He has been a member of the GAPC and Better living for Seniors Consortium for several years.



SUSAN UGAN states, "Being a member of the Guardian Association of Pinellas County for the past twelve years has been both a privilege and a growth experience." She is proud to have been a part of the Board during this time of growth. Previous to her sixteen years in guardian work, she worked as a certified paralegal and also did administrative work with an annuity settlement company. In addition to her guardianships, she serves as DPOA, trustee and health care surrogate. She has served on the Board ten years and has also served as Vice President of the Association.



BRUCE WALLACE has been a Professional Guardian since 1991, serving over fifty individuals for guardianship, Power of Attorney, and Personal Representative. He is a former Vice President of the Guardian Association, and served as Editor of the BLS Bugle from 2003 to 2005. He possesses knowledge of Medicare and Medicaid rules and regulations to provide expertise to assist individuals in making the right choices for their medical needs. He has exemplary computer skills and holds a Bachelor's Degree in Business Administration.

Community Outreach

🌲 *Gulfport Senior Center* hosts a Senior Chat Room, Fridays at 2:00 p.m. For information, contact Carol Ehrenkrantz at (727) 347-3424.

🌲 *Dot's Place Assisted Living Facility* in Clearwater is also now open with adult daycare coming soon. Respite Care is available at this six bed facility run by Dot and husband who are accepting most diversion plans and long term care insurance. (727) 442-9708.

🌲 Carole McLeod of *GriefMatters* announces the following free holiday seminars to help get those who have experienced the death of a loved one through this troublesome time: Monday, Nov. 14, noon, The Fountains of Boca Ciega Bay; Tues, Nov. 15, 1:30 or 7 p.m., Reception Room Anderson- McQueen funeral home. For information (727) 515-3399.

🌲 *Grand Villa of Largo* hosts its Motivational Marketing breakfast the second Wednesday of each month, 9:30 a.m. at 750 Starkey Road, Largo. To RSVP or for dates/times of Grand Villa support groups, call (727) 586-0108

🌲 To accommodate the increasing demand for ALF's, *Oak Manor Senior Living Community* has transformed another independent living building into completely furnished studio apartments that answer the needs of those desiring assisted living.

🌲 *The Inn at Freedom Square* has started a networking luncheon the first Thursday of each month at noon. RSVP Sherdette Keefer at (727) 398-0379.

🌲 *Brentwood Senior Living Community* welcomes Tom Burgulis as the new Executive Director.

🌲 Referral Networking Group (RNG) meets for breakfast at *Barrington Terrace* Wednesday, November 16th and Wednesday, December 21st at 9 a.m. RSVP to Diane at (727) 588-0020.

🌲 You're likely to see *Jerry MacDonald* at networking meetings again after a turn at another business that wound him back into car detailing with wife Rosemary. Many who have used their service can testify to the spiffy job they do as well as their commendable work ethic.

🌲 Let's hear it for *Harmony Home Health* CEO Jonathan Bowman who has been selected as a 2011 Healthcare Hero Finalist and chosen for the 2011 "Up and Comers" Award.

🌲 Karen Karle Truman will be signing her book, "Dementia Caregiver's Little Book of Hope," at *Harmony Home Health* on November 15th, the date of Alzheimer's Foundation National Memory Screening Day. Call Harmony to schedule a free screening. (727) 723-7532.

🌲 BAMA Professional Networking Luncheon meets at Largo's *Arden Courts* the first Thursday of each month from noon to 1:30 p.m. \$5 for lunch, no checks please. RSVP to Rose Bobier at (727) 559-8411.

🌲 *The Fountains of Boca Ciega Bay* recently participated in the Alzheimer's Walk. The Fountain's team raised a little over \$9,000 and was honored by The Alzheimer's Association as the "Team Raising the Most Money/2011."



🌲 *Oak Manor Senior Living Community* with *Suncoast Hospice*, provides a monthly "Caregiver Coffee Break". Call Karen at (727) 581-5388 for date and further details.

🌲 Work Smarter "Lunch and Learn" Seminar is November 18th at noon, *Palms of Largo Royal Palms*, Largo, with Dale Smrekar speaking on "Understanding Human Behavior". \$5 Donation. RSVP (727) 437-1637.

🌲 December 7th, 9:00 a.m., is the day for the next Brunch & Learn, *The Fountains of Boca Ciega Bay*. RSVP (727) 347-2169

🌲 Networking meeting Wednesday, November 16th at *Bay Pointe Nursing Pavillion*. 2:00. - 3:30 p.m., 4201 31st St. So., St. Petersburg. RSVP Amber Lion, (727) 520-5137.

🌲 Join Karen Karle for Dementia Caregiver Support Groups at the following locations: 1st and 3rd Tuesday of each month, 6:00 p.m. and 1st and 3rd Friday, 9:30 a.m. at *Grand Villa*, Largo; 1st and 3rd Wednesday of each month, 6:00 p.m. at *Bon Secours Place*, St. Petersburg; 1st and 3rd Tuesday each month, 9:30 a.m. at *St. Mark's Village*, Palm Harbor; 2nd and 4th Tuesday of each month, 1:00 p.m. at *Villas of Belleair*, Clearwater. For more info, call Karen at (727) 391-9999.

🌲 *BLS/PAN* Monthly meetings are held the second Tuesday of each month at 9 a.m. hosted by Bayview Gardens Beach House, Clearwater. For info or to RSVP, call (727) 771-3182.

🌲 The Sunsation Show Chorus opens its 8th season with "Broadway Babies" at the Pinellas Park Performing Arts Center November 13th from 3 to 5 p.m. Contact Ron Reagan at (727) 595-0815 for ticket information.

Community Outreach, continued

🌳 *Deena Balogh & Associates, LLC*, welcome Michael C. Hogg as Information Assurance Manager and Jean Duvall-Carmichael as Client Finance Manager, both with extensive experience in their fields and available to serve guardians, their wards and charges.

🌳 *Arden Courts, Seminole* will host its monthly networking breakfast Wednesday, November 30th and December 28th, 8:30 a.m. RSVP (727) 517-7800.

🌳 *No Name Marketing Group* meets at the Marlin Darlin, Belleair on November 16th, 4:30 p.m. RSVP Terri (727) 403-0017.

🌳 Aging Wisely welcomes Amanda Fullmer to its team as a Professional Care Manager. Amanda has her Master's Degree in Gerontology and diverse experience in long-term care in the Tampa area, both in skilled nursing facilities and the long-term care diversion program. She brings a lot of experience and knowledge of Tampa eldercare resources, Medicare and insurance programs to help Aging Wisely serve its Tampa Bay clients!

🌳 *Seminole Chamber* wants sponsors and participants for its "Bright Before Your Eyes" parade Decembe 11 at 6:30 p.m. for information contact Gretchen (727) 392-3245

🌳 Join the *FALA* luncheon at The Barrington, Largo on November 16th at noon. For information, call (727) 520-4898.

🌳 *North County Networking* meets the first Tuesday of every month, 8:30 a.m. at *Freedom Inn, Countryside*, 3260 North McMullen Booth Road. RSVP (727) 934-4310.

🌳 *Pinellas Point Nursing & Rehab Center* in St. Petersburg just received a 5-Star ranking -- a prestigious award the Agency for Health Care Administration (AHCA) presented to facility Administrator Elizabeth Fila last month. This puts the facility in the top 20% of nursing homes in the region based on survey scores over the past 30 months. Stop by for a tour or give Elizabeth a call at (727) 867-8871.

🌳 Angel Palmetto will continue to help and support *Baytree Lakeside Assisted Living* to grow their census but she is moving on to a position as Sales Specialist with La Vie Healthcare. They manage four communities in South Pinellas County that she will be responsible for including Largo Rehab and Spa.

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