

The Professional Guardian

A publication by the Guardian Association of Pinellas County for the purpose of promoting advocacy & education.

Calendar & Coming Events

SEPTEMBER 16, 2011

EXPO 2011

ANNUAL EDUCATION SEMINAR

The Hilton St. Petersburg Bayfront
333 First Street South
St. Petersburg

7:45 a.m. - 5:00 p.m.

CEU, CLE and CLER credits available

Outstanding Speakers,
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SEPTEMBER 30, 9:00 A.M.

MONTHLY BREAKFAST

BRENTWOOD SENIOR LIVING
6280 Central Avenue, St. Petersburg

DUE TO THE EXPO, THERE WILL BE
NO REGULAR MONTHLY MEETING
THIS MONTH.

ASSOCIATION COMMUNICATIONS
P.O. Box 1826
Pinellas Park, FL 33780
Phone (727) 323-9380
Info@guardianassociation.org
www.guardianassociation.org

NEWS OF INTEREST

EXPO 2011

**Do NOT
DELAY**



Join the activities September 16th at The Hilton St. Petersburg Bayfront. Doors open at 6:30 a.m to Exhibitors. Exhibitors and Attendees will receive letters with directions/instructions for the day. *It is not too late.* Space is available – call the office (727) 323-9380. Forms are located in the Newsletter on pages 8 and 9 as well as on our website. Attorneys, Paralegals, Case Managers, Nurses, ALF Administrators, Social Workers, Caregivers and others interested in the care of wards, clients and patients are welcome. As always, we have representatives from our networking community as Exhibitors offering products, services and suggestions.



Judge Jack St. Arnold

It is an honor and a privilege to have The Honorable Jack St. Arnold as our Keynote Luncheon Speaker. Judge St. Arnold, Sixth Judicial Circuit, will be adding to our CEU, CLE and CLER credits for the day. We are indebted and thank each of our speakers, experts and specialists in their field participating in the Educational Seminar. This year we celebrate the 34th year of Guardianship in Pinellas County. Our membership extends to neighboring towns, cities and counties across the State. The State of Florida is a national leader in Guardianship Law.

Make your reservations now.

2011 Board of Directors

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FROM THE DESK OF THE PRESIDENT

Correy Pastore

HI EVERYBODY,

Our dedicated Board of Directors and volunteers along with Executive Director Patricia Hall are working to make our upcoming Expo the best ever. The event, *Facing Challenges – Finding Solutions*, will take place Friday, September 16th at The Hilton, St. Petersburg Bayfront. We ask you to be a part of this thought-provoking forum. Come join us and have a wonderful day of education, networking and camaraderie.

We extend an invitation to attorneys, paralegals, case managers, guardians, ALF administrators, social workers, nurses, caregivers and all others interested in the care of our wards, clients and patients. Registration is required so call now to reserve your admittance to the Seminar and the Exhibitor's Showcase.

Our speakers are also in readiness to make their presentations at the Educational Seminar. See page 7 of this Newsletter for a complete schedule of activities including speakers and times of presentations.

Parking spaces for Expo participants will be available at The Hilton St. Petersburg Bayfront.

SEE YOU AT THE EXPO!

CORREY

.....
The Guardian Association of Pinellas County, Inc. is a non profit corporation, formed in 1977 as a voluntary group. It is a professional association which allows the receiving of tax deductible contribution of goods and services. The association is governed by an elected Board of Directors and meetings are open to all members. The purpose of the association is primarily that of education, thus promoting a better quality of service for elders by developing and improving the capabilities of guardians and their relationship with other entities within the community.

AUGUST SPEAKER REVIEW



*August Speakers, Anna Marie Millett,
Roman Katynski & John Jones*

Consumer Fraud Investigator and Certified Florida Supreme Court Mediator Anna Marie Millett warned attendees at the August 16 Guardian meeting of all kinds of scams and explained how best to deal with them.

She cited Pinellas County Justice and Consumer Services as the best resource for consumer complaints in areas of contracting, home improvement, automobiles and telemarketing.

Echoing her sentiments were contractor Roman Katynski and Contractor John Jones who gave tips for securing reliable workers. "Home improvement contractors of various skills must be licensed with the Pinellas County Construction Licensing Board. Make sure that number is displayed on advertising as well as on contracts," they advised. If you are not sure, verify a contractor's license number and check complains through the Pinellas County Construction Licensing Board at (727) 536-4720.

Handouts on Pinellas County Justice and Consumer Services were provided spelling out appropriate agencies to contact with web addresses and telephone numbers.

**The Mission of the Guardian Association of
Pinellas County, Inc., is as follows:**

To promote the protection, dignity and the value of the incapacitated persons through a code of ethics, advocacy and the dissemination of information. To further the professionalism of guardianship as an accountable protective service through education, networking and legislative action.

**Please join us for the monthly
Guardian Breakfast!**

Fri., September 30th, 9:00 a.m.

*Brentwood
Senior Living*

6280 Central Avenue, St. Petersburg
(see Guardian website for map)

RSVP to (727) 536-9900

ELVES FOR ELDERS PINELLAS



The Elves for Elders Christmas display will be featured at the Expo this year. These creative Elves are a welcome sight to aiding Santa.

Guardians, make sure you bring your list of indigent wards and take notes from the Elves.

Elves for Elders is a grassroots organization that gives the community the opportunity to fulfill wish lists of wards with miniscule incomes who need toiletries, undergarments, clothing and a variety of other things they can't afford. It is available to all Guardians with indigent wards.

**THERE WILL BE NO MONTHLY
MEETING IN SEPTEMBER.**

Our next Regular Meeting will be Tuesday, October 18th with Richard A. Cottrell, D.O., Psychiatry, speaking on "Novel Approaches for Treatment Resistant Depression".

Preview of Expo Speakers



Lt. J. Thomas Acker

Lt. J. Thomas Acker, Ph.D, and Detective Brettina Adams, of the Pinellas County Sheriff's Office, will make a presentation on "Grief, Loss & Stress Issues". A time of loss can be very difficult. It is normal to experience a variety of reactions that may extend for an undetermined period of time. Because grief and stress reactions can be unique to the individual experiencing the loss, it can be challenging to determine what constitutes normal reactions.

Tract 1 at 2:00 p.m.



Det. Brettina Adams

Rebecca C. Morgan, Stetson University College of Law, is the Director of the Center for Excellence in Elder Law and the Director of Stetson's online LL.M

in Elder Law. She teaches a variety of elder law courses in the J.D. and LL.M. and oversees the elder law concentration program for J.D. Students. She is a member of the elder law editorial board for Matthew Bender. We are proud to have Professor Morgan with us addressing "What We Need to Know on Elder Abuse" **Grand Bay Ballroom at 3:05 p.m.**



Rebecca C. Morgan



Irene Rausch

Irene Rausch, MA., Master Guardian, will bring her presentation on "Meeting the Challenges of Successor Guardianship".

Tract 2 at 9:30 a.m.



**General Meeting
Palms of Largo
August 16th**



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Board of Directors Elections

November 15, 2011

Each year one-half of the Board of Directors is up for re-election. This year there are five (5) Board of Director seats available. The term of the available seats for the Board of Directors positions runs from January 1, 2012 through December 31, 2013.

The election of members of the Board of Directors takes place at the November 15, 2011 Board Meeting. Voting is done by ballot and in person afterwards at the Regular Meeting. ALL members of the Association in good standing have the right to vote.

The Nominating Committee will present to the general membership a slate of Nominees for the Director positions at the October 18th Regular Meeting. At that meeting, any member can propose from the floor other nominees for election.

Any individual who wishes to run for a Director position must give the Nominating Committee a brief written resume, picture, and statement of his/her willingness to serve on the Board. The time frame in which to submit the aforementioned documents begins August 1 and ends the day of the election. Resumes, documents, and candidates' pictures will be published in the October 2011 Professional Guardian and electronically to all members. At the October 18 Regular Meeting, and again at the November 15 Regular meeting (immediately prior to the election), each candidate will be given the opportunity to address the general membership outlining his/her qualifications for a Director position. Each candidate has the right to campaign at any venue at any time up until the election takes place. Each candidate has the right to vote at the election.

Candidates for the Board of Directors positions must be members of the Association and need not be Professional Guardians.

Any member who is interested in running for the Board of Directors, please submit the following:

1. Resume
2. Letter of interest
3. Picture to be published in the Professional Guardian (October 2011 issue)

SEND TO:

Cynthia Van Vliet
3128 Rigsby Lane
Safety Harbor, Florida 34695
727-253-3735 (C)
727-213-9064 (F)
cynthiavanvliet@tampabay.rr.com



ELECTIONS COMING SOON!

EXPO 2011

EDUCATIONAL SEMINAR

Friday, September 16, 2011

Time	Tract 1	Tract 2
7:45 a.m. - 8:30 a.m.	REGISTRATION <i>EXHIBITORS' SHOWCASE</i> CONTINENTAL BREAKFAST	
8:30 a.m. - 9:20 a.m.	Welcome: President Correy Pastore ~~~~~ <u>Facing Challenges – Finding Solutions</u> Opening Keynote Speaker - The Honorable Bernie McCabe Chief Prosecutor 6th Judicial Circuit	
9:30 a.m. - 10:20 a.m.	<u>OVERVIEW OF THE CURRENT AGING POPULATION</u> Jay Morgan, Office on Aging Manager, City of St. Petersburg	<u>MEETING THE CHALLENGES OF SUCCESSOR GUARDIANSHIP</u> Irene Rausch, MA, Master Guardian
10:20 a.m. - 11:00 a.m.	MORNING BREAK Tour <i>EXHIBITORS' SHOWCASE</i>	
11:00 a.m. - 11:50 a.m.	<u>WHAT'S THAT BEHAVIOR?</u> (FACTORS THAT MAY RESULT IN BEHAVIOR DISORDERS) Dr. Karl Jones & Joanne Jones, RN	<u>DRUG TRENDS IN FLORIDA</u> Captain Bob Alfonso, Sheriff's Office Narcotics & Substance Abuse
12:00 p.m. - 2:00 p.m.	LUNCHEON THE HONORABLE JACK ST. ARNOLD, JUDGE, SIXTH JUDICIAL CIRCUIT WHAT WILL I DO WHEN THE GUARDIAN GOES AWAY? (AN ETHICAL DILEMMA) AWARDING OF EXHIBITOR'S DOOR PRIZES	
2:00 p.m. - 2:50 p.m.	<u>GRIEF, LOSS & STRESS ISSUES</u> Lt. J. Thomas Acker, Ph.D. Detective Brettina Adams Pinellas County Sheriff's Office	<u>A GUIDELINE FOR ENSURING NUTRITIONAL NEEDS</u> John Young, M.D.; Marci Sadorf, RN, CMC and Barbara Mahlmeister, RD, LDN
2:50 p.m. - 3:05 p.m.	AFTERNOON BREAK	
3:05 p.m. - 3:55 p.m.	<u>WHAT WE NEED TO KNOW ON ELDER ABUSE</u> Professor Rebecca C. Morgan Stetson University College of Law	
4:00 p.m. - 4:55 p.m.	<u>WHAT IS IN A HEARTBEAT? (HEART RHYTHM DISORDERS)</u> Shalin Shah, M.D. Cardiology / Electrophysiology Bay Area Heart Center North	
4:55 p.m. - 5:00 p.m.	Awarding of Grand Door Prize & Certificates	

Rev. 9/2/2011

EXPO 2011

Under the Auspices of The Guardian Association of Pinellas Co., Inc.

Expo 2011 consists of two segments: an *Educational Seminar* and the *Exhibitors' Showcase*. The *Educational Seminar* includes outstanding legal and medical topics relating to guardianship, fiduciary responsibilities, personal care of the ward/client and clinical health care. Attendees of Expo 2011 complete Section I. The *Exhibitors' Showcase* displays products and services utilized in the care of clients, and provides networking with professionals in elder care and elder law. Exhibitors complete Section II.

Time. 7:45 a.m. to 5:00 p.m. on Friday, September 16, 2011.

Location. The Hilton St. Petersburg Bayfront, 333 First Street South, St. Petersburg, FL 33701

Continuing Education Credits. Credit hours will be provided for guardians through the Statewide Public Guardianship Office and CLEs for attorneys and paralegals approved by The Florida Bar. St. Petersburg College is an approved Florida provider CE Broker #50-2525 for nursing, LCSW/LMFT/LMHC, ALF (58A-50191). SPC will award 6 contact hours for nursing. *(If requiring multiple CEU credits, Form 201 MUST be completed for each separate CEU classification. Call 727-323-9380 for form or further information.)*

In accordance with the Americans with Disabilities Act, anyone needing reasonable accommodations or services should advise Jeannette Anderson (727-572-5808) no later than August 20th.

I. Attendees Registration

Registration Fees. A member of the Guardian Association pays \$105 for the day. Non-members are \$200, but enclose membership fee of \$45 and enjoy the "member" conference rate. Membership application 323-7140.

What's Included? Conference registration includes all conference materials, continental breakfast, refreshments at morning and afternoon breaks, lunch and parking.

Which Tract Do I Choose? The conference is divided into two tracts. Select subjects of your choice.

ATTENDANCE REGISTRATION FORM

Please print or type

Guardian ID # _____ *(SPGO required)*

Name _____ Title or Profession _____

Address _____ City/State/Zip _____

Phone _____ Email _____ Organization _____

(furnish name and address of corporate office issuing your check, where applicable) _____

Yes, I want to attend the Expo 2011 *(please check box)*

Member Registration Fee: \$105 Membership Fee Included: \$45 Non-member Fee: \$200

Category of continuing education hours: guardian attorney paralegal nursing ALF LCSW / LMHC / LMFT other *(specify)* _____

PLEASE NOTE: (a) For Nursing, LCSW/LMFT/LMHC & ALF, Social # last 4 digits is required _____ (b) If you are seeking CEU's in MULTIPLE categories, Form 201 must be completed in each of the CEU credit classifications. Call 727-323-9380 for forms or additional info.

Lunches for extra guests: \$35 ea. _____

Date paid _____ Amt. of check _____ Check # _____

Please itemize check total _____

QUESTIONS? Call (727) 572-5808 or (727) 323-9380 -- Please make check payable to: Guardian Association
Mail to Jeannette Anderson, Treasurer, Guardian Association • P.O. Box 1826, Pinellas Park, FL 33780
PLEASE SEE WEBSITE FOR ADDITIONAL FORMS & CURRENT INFO: www.guardianassociation.org

College Optional Information: Gender: Male Female Ethnic Origin _____

St. Petersburg College is dedicated to the concept of equal opportunity. The college will not discriminate on the basis of race, color, religion, sex, age, national origin, or marital status, or against any qualified individual with disabilities, in its employment practices or in the admission and treatment of students. Recognizing that sexual harassment constitutes discrimination on the basis of sex and violates this rule, the college will not tolerate such conduct. Should you experience such behavior, please contact the director of EA/EO at (727) 341-3261 or by mail at P.O. Box 13489, St. Petersburg, FL 33733-3489.

Rev. 9/4/2011

GUARDIAN ASSOCIATION OF PINELLAS COUNTY ANNUAL EDUCATIONAL SEMINAR

SEPTEMBER 16TH , THE HILTON ST. PETERSBURG BAYFRONT

Sponsor _____ <i>(name here please)</i>	Amount
Sponsor for Continental Breakfast <i>(includes full page ad in program or vendor booth)</i>	\$700 _____
Sponsor for Morning Break <i>(includes half page ad in program)</i>	\$450 _____
Sponsor of Afternoon Break <i>(includes quarter page ad in program)</i>	\$350 _____
Sponsor for Centerpieces <i>(includes quarter page ad in program)</i>	\$350 _____
Sponsor for Publication of Programs <i>(includes quarter page ad in program)</i>	\$350 _____
Sponsor of Grand Prize <i>(includes quarter page ad in program)</i>	\$350 _____

Exhibitor * _____
(name here please)

Showcase table (electric provided upon request).....	\$375 _____
<i>(Includes continental breakfast, lunch for two, parking & entree to all seminar sessions)</i>	
Additional attendees: \$105 - # _____	Additional lunches: \$35 - # _____
Amt. included _____	

* *Are you seeking CEU's in addition to the Exhibit?* Yes No *Form 201 MUST be completed for each separate CEU classification. Call 727-323-9380 for form or further information.*

Advertiser for Expo Program _____
(name here please)

The Seminar Program is a full-sized quality publication provided to each attendee, to be used as a guide during the Seminar, which lists speakers, participants and events.

- | | |
|---|--|
| <input type="checkbox"/> Back cover.....\$500 | <input type="checkbox"/> Half page (7.5" w x 4.75" h).....\$200 |
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| <input type="checkbox"/> Inside Back cover <u>or</u> Full page (7.5" w x 10" h)...\$400 | <input type="checkbox"/> Business Card.....\$50 |

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Jeannette's Fax: (727) 572-9278 • www.guardianassociation.org • Patricia's Fax: (727) 289-3057

Did you know that Friday, Sept. 23 has been proclaimed Caregiver Day?

*The "New Age of Caregiving Symposium" will be held September 23rd,
8:00 a.m. - 4:30 p.m. at Ruth Eckerd Hall.
Contact Kim Linder for more details or to register at (727) 798-2663.*

The following thought-provoking article is reprinted from a recent Barrington Terrace Newsletter.

CARING FOR CAREGIVERS - JOURNALING TO COPE

By: Linda Burhans, Caregiver Advocate

Everyone needs an outlet. Caregivers are special people but they are still people who have feelings and needs of their own. Journaling is a form of therapy to help caregivers cope with their difficult task. Most humans are prone to keeping their feelings bottled up inside. Unfortunately, doing so can lead to stress, which leads to poor health. As a caregiver, you can't afford to be in poor health, including poor mental health. A healthy, positive outlook and mind-set is crucial when caring for another. In order for you to continue with the important service of caregiver for your family member or other charges, you need tools to unlock those feelings.

Journaling is therapeutic and beneficial. For caregivers, it is a way to stay sane while doing a rewarding, yet exhausting, service.

Journaling involves getting your feelings out of your head and your heart, and placing them someplace safe. The sheer writing and release of the feelings begins the process of exploration and eventually resolution and stress relief.

To begin journaling, follow these 3 steps to get those feelings down and out:

Get a nice journal – This is important since you will be writing in it on a regular basis. Choose something that is inviting and upbeat so you look forward to writing.

Be consistent – Even if you only write a few sentences, write in your journal daily. Be sure to date it so you can track the changes you are going through. This often becomes important later as you move through feelings and go through trauma with the person you are caring for.

Don't hold back – These pages are for your eyes only. If you have had a particularly stressful day of taking care of someone while trying to maintain your family life, get it out. Use that paper as a form of therapy. Those feelings have to go somewhere. You may just avoid other harmful reactions to stress like overeating, drinking, arguing with your spouse or children, or yelling at your sick loved one. Use the journal to vent your frustrations.

The benefits of journaling regularly include:

Think more clearly. Get all that mess rattling around in your head out and down on paper. Once the frustration has left, you can then make informed decisions based on facts, not feelings.

Live in peace. There are so many little irritations during a day of caregiving. Not everything needs to be approached and dealt with at once. Some things are just bothersome, but they still are weighing on your mind. Get them out on paper and then let them go.

Chronicle a life well spent. When a loved one is gone, it is a record of the good days and bad days of their life spent with you. Don't only use it to write down frustrations but important and cherished moments you don't want to forget.



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Community Outreach

- 📅 September 13th, 9:00 a.m. is the Professional Networking Breakfast at *Emeritus Dunedin*. Call Sheila at (727) 734-4696 to RSVP.
- 📅 Join the *Walk to End Alzheimers* at St. Petersburg Pier on September 24th, 8:00 a.m. Call Katie at (727) 578-2558.
- 📅 *Gulfport Senior Center* hosts a Senior Chat Room, Fridays at 2:00 p.m. For information, contact Carol Ehrenkrantz at (727) 347-3424.
- 📅 *Grand Villa of Largo* hosts its Motivational Marketing breakfast Wednesday, September 14th, 9:30 a.m. at 750 Starkey Road, Largo. To RSVP or for dates/times of Grand Villa support groups, call (727) 586-0108.
- 📅 The first Wednesday of each month, 9:00 a.m., is the new day for Brunch and Learn at *The Fountains of Boca Ciega Bay*. RSVP (727) 347-2169.
- 📅 *Arden Courts Largo* hosts Family Helping Family September 24th, 9:30 - 10:30 a.m. RSVP (727) 559-8411.
- 📅 *Deeb Elder Law, P.A.*, proudly announces the addition of Darby Jones, Esq., to the firm, working in the field of Guardianship, Elder Law, and Estate Planning. She may be reached at Deeb Elder Law (727) 381-9800, or via email at darby@deebelderlaw.com.
- 📅 *Westminster Communities* in St. Petersburg offers a special financial incentive for retired teachers, military, police officers and firefighters through its Distinguished Service Award program. Individuals must have a minimum of 10 years of service. The program is extended to surviving spouses. For information, contact Sharon Kennedy, (727) 866-1614.
- 📅 The Work Smarter Luncheon is Noon at *Royal Palms*, Largo, Friday, September 16th. \$5 Donation. RSVP (727) 437-1637.
- 📅 Referral Networking Group (RNG) meets for breakfast at *Barrington Terrace* Wednesday, September 21st at 9 a.m. RSVP to Diane at (727) 588-0020.
- 📅 Join *Barrington Terrace* for CarePartner Night, Tuesday, September 13th, 5:30 p.m. - 6:30 p.m., with Guest Speaker, Linda Burhans from Harmony Home Care. Her topic will be "Journaling". They also host a Caregiver's Support Group facilitated by Linda Burhans on the last Thursday of every month, 10:00 a.m. Open to all.
- 📅 Community Tea Party is September 21st, 2 p.m. at *Pasadena Manor*, St. Petersburg. To RSVP, contact Terri at (727) 504-1884.
- 📅 *No Name Marketing Group* meets at the Thirsty Marlin, Largo September 21st, 6:00 p.m. - 7:30 p.m. RSVP Terri at (727) 403-0017.
- 📅 Thursday, September 22nd, 10:00 a.m. til noon, Life Care Planning Seminar at *Westminster Communities*, St. Petersburg. Call (727) 785-0973 for details.
- 📅 The monthly *Marketing Mania of Central Pinellas* networking breakfast meets September 27th, 9 a.m., Emeritus at Clearwater, 2750 Drew Street. RSVP (727) 799-2177.
- 📅 Check out *St. Petersburg College's* upcoming continuing education courses for ALF Professionals. For locations and registration go to www.spcollege.edu/ceu or call (727) 341-4772.
- 📅 Provider Idol will be from 2:30 - 4:30 p.m., September 15th at *Heron House*. Provider Idol insitgator Janis Hagerdon needs door prizes, gift cards/baskets for participating contestants. Please drop them off at the Marketing Dept. at Heron House. Participants: please provide a short biography with name, employer, your love for your talent, etc. ALL providers show up and "VOTE" for Pinellas County's Best 2011 Provider Idol Winner!
- 📅 Ronald Arlotta joined the firm of *Deena Balogh & Associates* as a Complex Case Care Manager beginning August 22nd. Among his impressive credentials, he was Director of the Clayton County Atlanta Project, a program of the Carter Center, where he worked closely with Rosalyn Carter developing and implementing various health care initiatives. Ron holds a B.A. degree in psychology from the City University of New York, specializing in Geriatric care, complex cases, and advocacy.
- 📅 Join Karen Karle for Dementia Caregiver Support Groups at the following locations: 1st and 3rd Tuesday of each month, 6:00 p.m. and 1st and 3rd Friday, 9:30 a.m. at *Grand Villa* in Largo; 1st and 3rd Wednesday of each month, 6:00 p.m. at *Bon Secours Place* in St. Petersburg; 1st and 3rd Tuesday each month, 9:30 a.m. at *St. Mark's Village* in Palm Harbor; 2nd and 4th Tuesday of each month, 1:00 p.m. at *Villas of Belleair* in Clearwater. For more info, call Karen at (727) 391-9999.
- 📅 *North County Networking* meets the first Tuesday of every month, 8:30 a.m. at *Freedom Inn, Countryside*, 3260 North McMullen Booth Road. RSVP (727) 934-4310.

Community Outreach, continued

🚩 Networking meeting Wednesday, September 28th at *Bay Pointe Nursing Pavillion*. 2:00 p.m. - 3:30 p.m., 4201 31st St. So., St. Petersburg. RSVP, Amber Lion, (727) 520-5137.

🚩 September 26th is the *FALA Annual Tri-County Cruise* on the Starlight Majesty at Clearwater Beach Arena. For information, call (727) 520-4898.

🚩 BAMA Professional Networking Luncheon meets at Largo's *Arden Courts* the first Thursday of each month from noon to 1:30 p.m. \$5 for lunch, no checks please. RSVP to Rose Bobier at (727) 559-8411.

🚩 *BLS/PAN* Monthly meetings are held the second Tuesday of each month at 9 a.m. hosted by Bayview Gardens Beach House, Clearwater. For information or to RSVP, call (727) 771-3182.

🚩 *Oak Manor Senior Living Community* in conjunction with *Suncoast Hospice*, provides a monthly "Caregiver Coffee Break". September 22nd, 10:00 a.m. RSVP Karen at (727) 581-5388.

🚩 On July 27th, *The Palms of Largo* ceremonially broke ground on the final piece of The Palms of Largo village - The Plaza, a gathering place for friends and family. Residents from across the campus and City of Largo officials joined The Palms for the groundbreaking. They expect the new place to be completed March 2012.

🚩 *Arden Courts, Seminole* will host its monthly networking breakfast Wednesday, September 28th, 8:30 a.m. RSVP (727) 517-7800.

🚩 Listen to Kim Linder and invited speakers on *The Caregiver Hour* every Monday, 11:00 til noon on WHNZ 1250 AM radio. Email your questions before or during the show and have them answered on air. Kim@TheCaregiverHour.com or call (727) 877-8255 during the show.

Email your community events to Phyllis Johnson, pjohns3@tampabay.rr.com.
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